

**Boundary Crossing and its effects on Time Control, Psychological Recovery, and Work
Motivation among Temporary Workers in the Hospitality Industry**

By

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in

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I hereby declare that this submission is my own work and to the best of my knowledge, it contains no material previously published or written by another person, nor material which to a substantial extent has been accepted for the award of any other degree or diploma at any educational institution, except where due acknowledgement is made in the thesis.

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ABSTRACT

Boundary Crossing and its effects on Time Control, Psychological Recovery, and Work Motivation among Temporary Workers in the Hospitality Industry

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This study examines the effect of boundary crossing towards time control and psychological recovery as a work resources and eventually the effects towards work motivation among temporary workers in the hospitality industry. The research is grounded by Conservation of Resources Theory (COR) by Hobfoll (1989). Through the quantitative approach, the data were collected through a self-administered online questionnaire form through google forms, distributed towards 127 respondents, targeting people who is working as a temporary worker in the hospitality industry. Using the multiple linear regression analysis, three hypotheses has been analyzed where it reveals that boundary crossing does not affect time control nor work motivation, therefore agreeing with the null hypotheses. Despite that fact, boundary crossing was proven to be significantly affecting psychological recovery, there accepting H2.2. Therefore, this result indicates that psychological recovery is the most vulnerable resources affected by boundary crossing. This study contributes in terms of giving empirical views towards the hospitality industry and recommends that hotel management start implementing special policies to maintain temporary worker's well-being.

Keywords: Boundary crossing, Time Control, Psychological Recovery, Work Motivation, Temporary Workers, Hospitality Industry

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DEDICATION

I dedicate this whole work as a thanks for my advisors who have helped me,
For my parents and my sister for thoroughly supporting me from up and down
And for me who managed to hold out until the end.
Thank You God for the Blessing.



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I have found my coursework throughout the Curriculum and Instruction program to be stimulating and thoughtful, providing me with the tools with which to explore both past and present ideas and issues.



TABLE OF CONTENTS

	Page
STATEMENT BY THE AUTHOR	2
ABSTRACT	4
DEDICATION.....	6
ACKNOWLEDGEMENTS.....	7
TABLE OF CONTENTS.....	8
LIST OF FIGURES.....	11
LIST OF TABLES.....	12
CHAPTER 1 - INTRODUCTION.....	13
1.1 Background.....	13
1.2 Questions.....	15
1.3 Objectives.....	16
1.4 Scope & Limitation.....	16
1.5 Significance of Study.....	17
1.6 Hypothesis.....	17
CHAPTER 2 - LITERATURE REVIEW.....	18
2.1 Theoretical Background.....	18
2.2 Supporting Concepts.....	19
2.2.1 Time Control.....	19
2.2.2 Psychological Recovery.....	20
2.2.3 Boundary Crossing.....	21
2.2.4 Work Motivation.....	22
2.3 Review of Previous Studies.....	23
2.4 Conceptual Framework.....	27
2.5 Research Gap & Novelty.....	28
CHAPTER 3 - RESEARCH METHODOLOGY.....	29
3.1 Research Method.....	29
3.2 Data Collection Methods.....	29
3.3 Types of Statistics.....	30
3.3.1 Descriptive Statistics.....	30

3.3.2 Inferential Statistics.....	30
3.3.3 Linear Regression.....	30
3.4 Required Materials & Equipment.....	31
3.4.1 Data Collection Materials.....	31
3.4.2 Analysis Software.....	31
3.4.3 Supporting Equipments.....	31
CHAPTER 4 - RESULTS & DISCUSSION.....	32
4.1 Preliminary Data Analysis.....	32
4.1.1 Validity Test.....	32
4.1.2 Reliability Test.....	33
4.2 Data Analysis.....	33
4.2.1 Respondents Screening.....	33
4.2.1.1 Respondent's Age.....	34
4.2.1.2 Respondent's Profession	34
4.2.1.3 Respondent's Duration of Work	35
4.3 Analysis Findings.....	36
4.3.1 Descriptive Analysis	36
4.3.1.1 Time Control	36
4.3.1.2 Psychological Recovery	36
4.3.1.3 Boundary Crossing.....	37
4.3.1.4 Work Motivation	37
4.4 Normality Test.....	38
4.4.1 Histogram.....	40
4.4.2 P-Plot Test	40
4.5 Heteroscedasticity Test	41
4.5.1 Time Control	41
4.5.2 Psychological Recovery	42
4.5.3 Work Motivation	43
4.6 Multiple Linear Regression Test	44
4.6.1 Time Control	44
4.6.2 Psychological Recovery	45
4.6.3 Work Motivation	46
4.7 Hypothesis Result & Discussion.....	47
4.7.1 Hypothesis Result	47

4.7.2 Hypothesis Discussion	48
4.7.2.1 H1	48
4.7.2.2 H2	48
4.7.2.3 H3	48
CHAPTER 5 – CONCLUSION AND RECOMMENDATIONS	49
5.1 Conclusion	49
5.1.1 Time Control	49
5.1.2 Psychological Recovery	49
5.1.3	50
5.2 Recommendations	50
5.3 Further Research	51
REFERENCES	52
CURRICULUM VITAE	57

LIST OF FIGURES

Figures	Page
Figure 2.1 Framework of Conservation of Resources Theory	18
Figure 2.2 Research Model	28
Figure 4.1 Respondent's Age	36
Figure 4.2 Respondent's Profession	36
Figure 4.3 Respondent's Duration of Work	37
Figure 4.4 Time Control	37
Figure 4.5 Psychological Recovery	37
Figure 4.6 Boundary Crossing	38
Figure 4.7 Work Motivation	38
Figure 4.8 Shapiro-Wilk	39
Figure 4.9 Histogram	40
Figure 5.0 P-Plot Test	40
Figure 5.1 Heteroscedasticity Time Control	41
Figure 5.2 Heteroscedasticity Psychological Recovery	42
Figure 5.3 Heteroscedasticity Work Motivation	43
Figure 5.4 Time Control Regression	44
Figure 5.5 Time Control Model Summary	44
Figure 5.6 Psychological Recovery Regression	45
Figure 5.7 Psychological Recovery Model Summary	45
Figure 5.8 Work Motivation Regression	46
Figure 5.9 Work Motivation Model Summary	46

LIST OF TABLES

Table	Page
1. .Table of Previous Studies	23
2. Time Control Validity Test	33
3. Psychological Recovery Validity Test	33
4. Boundary Crossing Validity Test	33
5. Work Motivation Validity Test	34
6. Reliability Test	34
7. Hypothesis Testing	47